



Dorset
Council



Developing our Prevention Strategy & Carers Strategy

This presentation is focused on how the developing of the prevention strategy will support the development and delivery of the older people carers strategy.

This is an early conversation, and we look forward to opening up the conversation with the People & Health Overview Committee.

Purpose of prevention

Prevention can cover a range of approaches :

- **prevent** or delay the need for Adult Social Care services by a range of earlier support and information tools
- **reduce and delay** further deterioration of existing conditions, and of the wellbeing of those already known to social care services

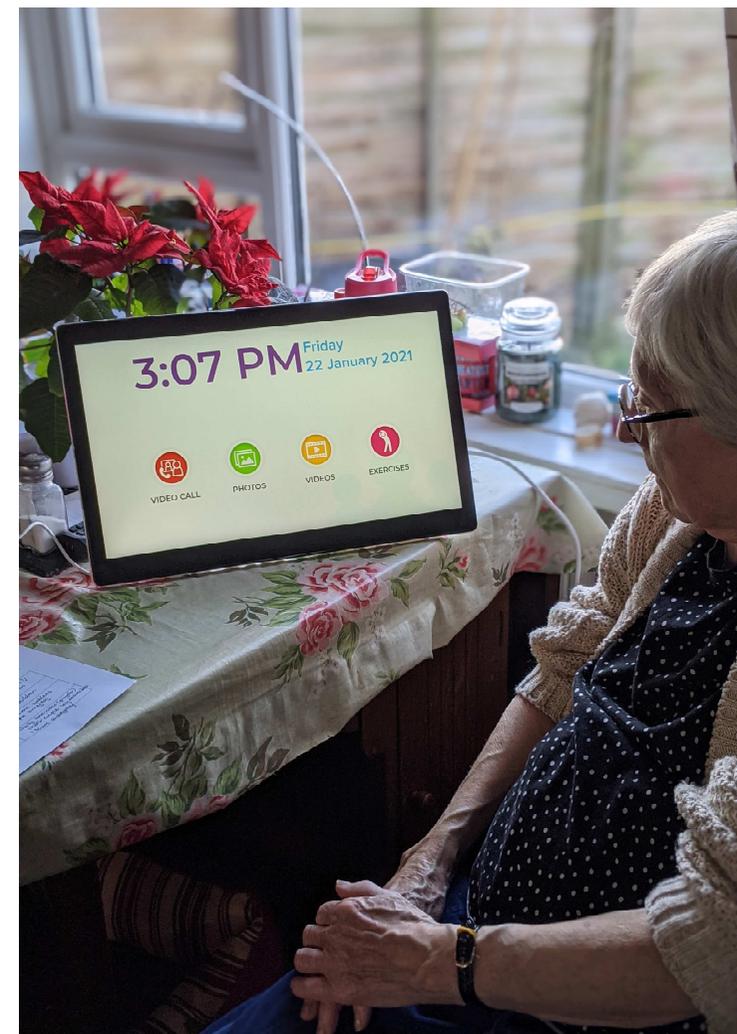
In addition to the positive impacts on independence and quality of life, prevention interventions can also generate significant cost benefits.

There is a strong **invest to save** argument.

A review of international studies suggests that past investments in prevention have had a significant long-term social return on investment:

- around £14 of social benefit for every £1 spent across a broad range of areas *
- national data by Carers UK indicates 1 in 8 adults (around 6.5 million people) are potentially carers saving the economy a possible £132 billion per year, an average of £19,336 per carer.

*Masters et al., Return on investment of public health interventions: a systematic review, BMJ, 2017



Why we should be involved - it's the right thing to do!



Covid impact has seen greater partnership working with the community allowing us to work collaboratively to identify and respond to need in their area.

The Care Act vision is to promote wellbeing & independence, rather than waiting until people reach a crisis point. It includes references to the importance of the right accommodation at the right time in people's lives.

Dorset has always invested in some preventative services, particularly for carers and housing related support, but we want to have a stronger coordinated approach to our prevention offer.

Stronger, more resilient communities aligns with our corporate and directorate outcomes which supports work with our communities to help identify and respond to prevention opportunities:

Local Background



- Dorset Council are supporting circa 4,316 unpaid carers.
- National data indicates that we have significant number of unpaid carers are unknown to the Local Authorities.
- If we can get to people earlier in their carers journey we can support them appropriately stay within their own homes and communities for as long as possible.
- Our county-wide Housing, Health and Wellbeing community-based support service, are working with circa 4,000 referrals a year, supporting people on the cusp of care, and in housing which no longer meets their needs.

What we offer now

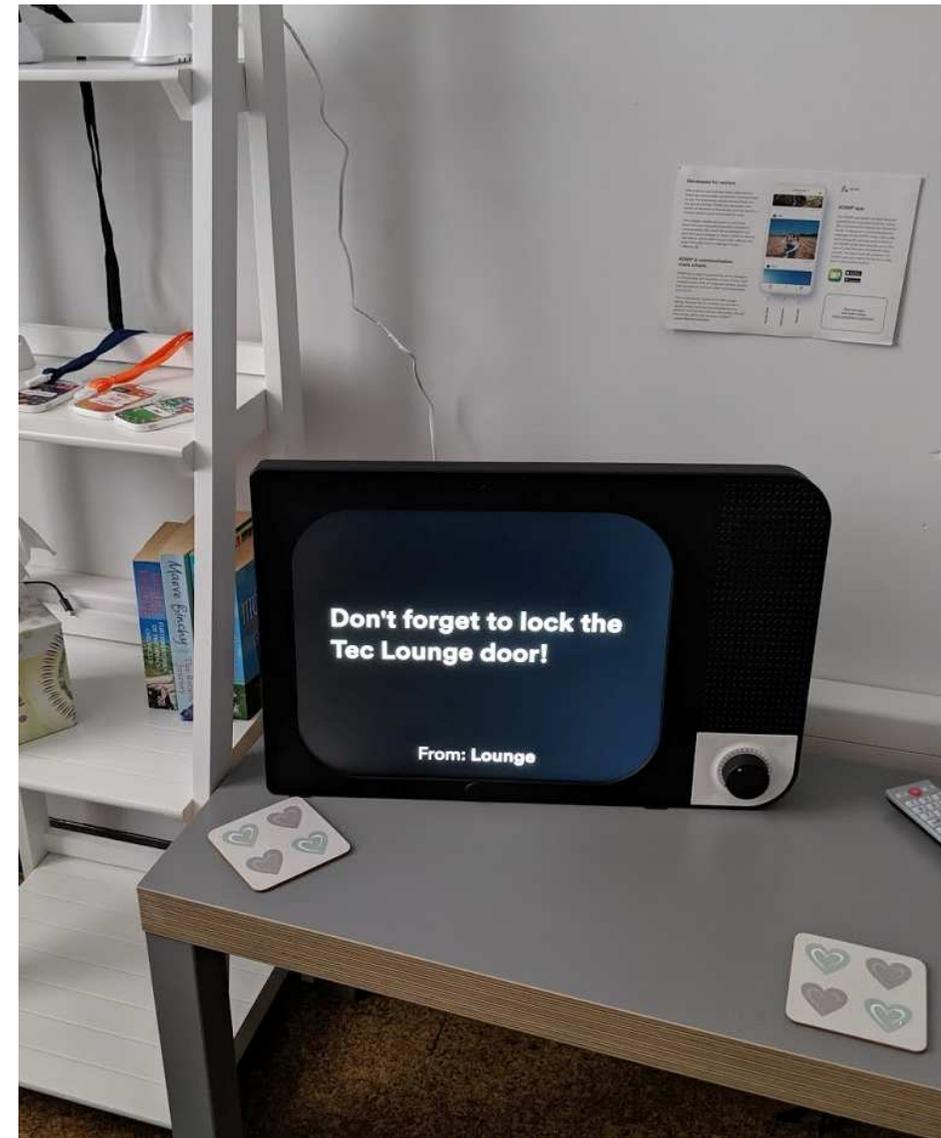
A low-level **engagement offer to unpaid Carers** to receive useful information encouraging them to reach out for early help. Defining 'unpaid carers' in more helpful language.

Developing and co-producing with our VCSE colleagues a **community front door** approach, enabling all people in Dorset to access support closer to home regardless of their eligibility for care and support.

Support people to **find support and care closer to home** through facilitating the development and expansion of new services via micro and small providers who want to enter the care and support market by changing our framework model.

Assistive Technology and Aids and Adaptations can have a huge support impact on carers.

Targeted information for family members who may well find themselves in a caring role.



Working together with our residents, how could we improve our offer?



- Considering the way that we deliver **information advice & guidance** and target it appropriately to ensure that people get the right advice at the right time.
- Encourage people to use **technology solutions** such as Alexa. Cove has removed some of the barriers to technology use. Dorset has a 5 year plan that could enable fast development.
- Develop **Community Support** to help people who have had early diagnosis.
- **Supported discharge from hospital** – whilst services exist – the take up from hospitals is very low.
- **Expansion micro / providers of Direct Payments & Individual Service Funds (ISF)** – allowing choice and control for people using services.
- Better engagement with, and development of volunteers, **carers peer support groups** linking them into wider support.
- **Training for providers** to identify carers and have confidence to support or signpost.
- Promotion of **Personal Assistants / Support people**

Next steps for commissioners

Whilst we want to explore lots of options and views, the process of creating an effective Prevention Strategy and a Carers Strategy will also include:

- examples of national good practice
- Working with PCN services to ensure GPs are part of the support system and fully informed
- feedback from all stakeholders on 'what good might look like'
- baseline of current work against which we can measure improvements including:
 - actual cost savings and cost avoidance
 - impact on the wellbeing of people and communities
 - impact on social care teams
 - system impacts

• A substantial part of the strategy will be the action plan that turns vision into tangible results

• The action plan will be costed using available evidence to support any funding requirements



Views and ideas?

We will be talking to our carers and their families about how we develop our carers strategy

How can Councillors support the development of the prevention strategy and the carers strategy?

We would welcome your thoughts and ideas.





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